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- transmitting, in a synchronisation time slot (5) of a time window (4), a synchronisation message (SYN) from the second station (2) to the first stations (1),
- transmitting, in a selection time slot (6) of the time window (4), selection messages (SEL) from the second station (2) to selected first stations (1),
- transmitting, in response time slots (8) of the time window (4), data from selected first stations (1) to the second station (2).

20 FIG. 3